



Garscube Harriers

Summer League 2019



Final results

14 October 2019

Notes

- Each column in the tables below contains the combination of league and personal best points for each race. For example, someone having come first in a race, having achieved a personal best, would have earned 20 league points plus 1 personal best point for that race, a total of 21 league points. In addition, 1 participation point is awarded for each race run. The total number of points is the sum of these two and is shown for each competitor at the end the row.
- In the event that a competitor has more completed than six events, the cell in the third column from the right will be highlighted and the performance(s) with the lowest league points struck from the record.
- The window for claiming a worldwide marathon performance runs between 1st October 2018 and 30th September 2019.
- Rules and fixtures can be found at the end of this document.
- Please notify any corrections or omissions to kt_m_white@hotmail.com

46	Mary	Ross-Davie												8			1	9
47	Charlotte	Wilson							7								1	8
48	Helen	Moar												6			1	7
48	Katrina	Denholm							6								1	7
50	Alison	Rutherford												4			1	5
51	Chloe	Dobbie												3			1	4

Men's League Standings

Position	First name	Surname	Tom Scott 10 miles	5k Track Championship	5k Road Championship	Helensburgh 10k	Shettleston 10k	Clydebank 10k	Kirkintilloch 10k	Charlie Kilshaw 5 miles	Ruchill parkrun	Henderson Cup 10k	Around Cumbræ 10 miles	Great Scottish Run HM	MARATHON	Top 6 races only?	Participation Points	League Points
1	Finlay	Finlay	21		18	15	20		20		19		20		15	TOP 6	8	126
2	David	Carr		17		9			18	6	16	12	18			TOP 6	7	97
3	Andy	Downey					14		16		11	19	18	9			6	93
4	Stephen	Craig	17	17			16				8	16		7	1	TOP 6	7	88
5	Gavin	Hinde	19			14	18	15						1	12		6	85
6	Mattia	Mancinelli				12		17					20	21	8		5	83
7	David	Butterly				11	15	15			17			15	1		6	80
8	Paul	O'Brien		15		8	11	10		7	14			13		TOP 6	7	78
9	Jeremy	Couling		10				11			10	20		10			5	66
10	David	Hamill	16			3	8	4		5		10	14	1		TOP 6	8	65
11	John	Coyle			20	20						17			2		4	63
12	Paul	McMahon		19		19		20									3	61
13	Ian	Thomson						18			18				20		3	59
13	Peter	Scott				8	13	13		10	10						5	59
15	Allan	Jenkins	15			1	6			15			13		1		6	57
16	Keith	Wall								20	15			16			3	54
16	Alan	McIntosh							15	11		18		4	1		5	54
18	Gavin	Harvie								17	7			19	6		4	53
19	Alan	Blair				19	19								9		3	50
20	Duncan	Boyd									13	14		18			3	48
21	David	Geddes	10				3	1		18			9				5	46
22	Garry	Mathew		20						2					18		3	43
22	David	Campbell				14	17							9			3	43
24	Jim	McAney	10	13	15												3	41
25	Iain	Paterson		11		6	10	9									4	40
25	Craig	Brown						7			12		16	1			4	40
27	John	Murray			16	4	14								1		4	39
27	James	MacLeod			20	17											2	39
29	Stephen	Wilson				2			14	13	5						4	38
29	Duncan	Robertson		14					17					2	1		4	38
31	Daniel	Scroop			17	18											2	37
32	Kristan	Alexander		8		1	5	2				13		1			6	36
33	Iain	McFarlane				1		18						6	6		4	35
34	David	Benham				2		7		13	6						4	32
34	Athole	Smith								14				14	1		3	32
34	Craig	Shields						19							11		2	32
37	Robbie	Drummond				13						15					2	30
37	Paul	Coia	11			1	2	1					10				5	30
39	Ade	Kearns				6	10	9									3	28
39	Kevin	Gilfillan	12										12		1		3	28
39	Norman	Baillie	13				7	5									3	28
42	Gary	McQueen								10					15		2	27

43	George	Lambie					12					12			2	26
44	Tariq	Abdullah		6					3	3	9				4	25
45	John	Whitecross										18	4		2	24
46	Mikey	Allan					2		17				1		3	23
47	Sam	Hijazi							20						1	21
47	Thomas	Wilson								20					1	21
47	Kevin	Liddle											20		1	21
47	Jim	Boyle		9		1				4		1	1		5	21
51	Alasdair	MacMillan						19							1	20
51	Brian	Gilmartin				2	4		6			4			4	20
51	Alexander	Chalmers	19												1	20
54	Grant	MacDonald		18											1	19
55	Robert	Morrison	17												1	18
55	Donald	McPartlin											17		1	18
57	Marco	Consani											16		1	17
58	Iain	Aird										15			1	16
59	Stuart	Donald			14										1	15
60	David	Lindsay											13		1	14
61	Michael	Diver		12											1	13
61	Douglas	Findlay											12		1	13
63	John	McLaughlin										11			1	12
63	alexander	carruthers											11		1	12
63	Timothy	Brown									11				1	12
66	Simon	Sheridan											8		1	9
66	Graham	Andrew							8						1	9
68	Robin	Orr		7											1	8
69	Kris	Carroll											5		1	6
70	Ross	McMillan											4		1	5
70	David	Esler					4								1	5
72	Thomas	McKay				1	1								2	4
73	David	McKay											2		1	3
74	Nicholas	Parker											1		1	2
74	John	Lai											1		1	2
74	Stuart	Irvine					1								1	2
74	George	Innes											1		1	2

Event 1: Tom Scott 10 mile Road Race
31 March 2019

Women's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Katie	White	00:58:58	20	0	20
2	Gill	Blee	01:09:49	19	1	20
3	Laura	Gray	01:10:42	18	1	19
4	Casey	Thompson	01:17:35	17	1	18
5	Morag	Casey	01:18:34	16	0	16
6	Martha	Lovatt	01:19:18	15	0	15

Men's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Finlay	Finlay	00:56:29	20	1	21
2	Alexander	Chalmers	00:59:33	19	0	19
3	Gavin	Hinde	01:00:26	18	1	19
4	Robert	Morrison	01:02:59	17	0	17
5	Stephen	Craig	01:06:45	16	1	17
6	David	Hamill	01:15:44	15	1	16
7	Allan	Jenkins	01:16:43	14	1	15
8	Norman	Baillie	01:17:31	13	0	13
9	Kevin	Gilfillan	01:18:02	12	0	12
10	Paul	Coia	01:18:54	11	0	11
11	Jim	McAneny	01:26:13	10	0	10
11	David	Geddes	01:26:13	10	0	10

Event 2: 5K track championship

23 April 2019

Women's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Debbie	Martin-Consani	00:20:49	20	0	20
2	Mary	Senior	00:20:51	19	0	19
3	Laura	Gray	00:20:53	18	0	18
4	Suzanne	Rae	00:21:26	17	0	17
5	Alison	Wood	00:21:37	16	0	16
6	Anne	Sillars	00:22:12	15	0	15
7	Nighean	Stevenson	00:23:13	14	0	14
8	Melanie	Carmichael	00:23:41	13	0	13
9	Kirsten	Mathew	00:24:28	12	0	12

Men's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Garry	Mathew	00:16:44	20	0	20
2	Paul	McMahon	00:17:51	19	0	19
3	Grant	MacDonald	00:18:00	18	0	18
4	David	Carr	00:18:55	17	0	17
5	Stephen	Craig	00:19:25	16	1	17
6	Paul	O'Brien	00:19:54	15	0	15
7	Duncan	Robertson	00:19:57	14	0	14
8	Jim	McAneny	00:20:36	13	0	13
9	Michael	Diver	00:20:40	12	0	12
10	Iain	Paterson	00:21:11	11	0	11
11	Jeremy	Couling	00:21:44	10	0	10
12	Jim	Boyle	00:22:09	9	0	9
13	Kristan	Alexander	00:22:15	8	0	8
14	Robin	Orr	00:22:43	7	0	7
15	Tariq	Abdullah	00:26:03	6	0	6

Event 3: 5K road championship

3 May 2019

Women's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Lesley	Chisholm	00:17:52	20	0	20
2	Alison	Wood	00:21:20	19	0	19
3	Casey	Thompson	00:22:01	18	0	18

Men's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	John	Coyle	00:16:53	20	0	20
2	James	MacLeod	00:17:01	19	1	20
3	Finlay	Finlay	00:17:08	18	0	18
4	Daniel	Scroop	00:17:11	17	0	17
5	John	Murray	00:18:43	16	0	16
6	Jim	McAneny	00:19:47	15	0	15
7	Stuart	Donald	00:20:57	14	0	14

Event 4: Helensburgh 10K

9 May 2019

Women's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Gill	Blee	00:41:15	20	1	21
2	Mary	Senior	00:42:31	19	0	19
3	Alison	Wood	00:44:22	18	0	18
4	Chloe	McAdam	00:44:33	17	1	18
5	Fiona	Bogle	00:44:34	16	1	17
6	Suzanne	Rae	00:44:39	15	0	15
7	Holly	Maciver	00:46:44	14	0	14
8	Casey	Thompson	00:48:31	13	0	13
9	Mary	Cox	00:49:10	12	0	12
10	Anna	Walker	00:51:13	11	0	11
11	Ann	Boal	00:54:20	10	0	10
12	Barbara	Watt	00:57:11	9	0	9

Men's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	John	Coyle	00:34:41	20	0	20
2	Alan	Blair	00:35:17	19	0	19
3	Paul	McMahon	00:35:24	18	1	19
4	Daniel	Scroop	00:35:38	17	1	18
5	James	MacLeod	00:35:49	16	1	17
6	Finlay	Finlay	00:36:15	15	0	15
7	Gavin	Hinde	00:38:34	14	0	14
8	David	Campbell	00:38:44	13	1	14
9	Robbie	Drummond	00:39:07	12	1	13
10	Mattia	Mancinelli	00:39:32	11	1	12
11	David	Butterly	00:39:40	10	1	11
12	David	Carr	00:39:49	9	0	9
13	Paul	O'Brien	00:40:28	8	0	8
14	Peter	Scott	00:41:53	7	1	8
15	Ade	Kearns	00:42:20	6	0	6
16	Iain	Paterson	00:43:36	5	1	6
17	John	Murray	00:44:35	4	0	4

18	David	Hamill	00:44:48	3	0	3
19	Stephen	Wilson	00:45:38	2	0	2
20	Kristan	Alexander	00:45:56	1	0	1
21	Iain	McFarlane	00:46:02	1	0	1
22	David	Benham	00:46:20	1	1	2
22	Allan	Jenkins	00:46:20	1	0	1
24	Jim	Boyle	00:46:23	1	0	1
25	Brian	Gilmartin	00:46:56	1	1	2
26	Paul	Coia	00:48:14	1	0	1
27	Thomas	McKay	00:53:55	1	0	1

Event 5: Shettleston 10K

26 May 2019

Women's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Gill	Blee	00:41:33	20	0	20
2	Claire	Tippett	00:45:40	19	0	19
3	Amanda	Connelly	00:47:28	18	1	19
4	Kirsten	Mathew	00:51:02	17	0	17
5	Barbara	Watt	00:58:17	16	0	16
6	Liz	Short	01:02:45	15	0	15

Men's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Finlay	Finlay	00:36:17	20	0	20
2	Alan	Blair	00:36:41	19	0	19
3	Gavin	Hinde	00:38:37	18	0	18
4	David	Campbell	00:39:28	17	0	17
5	Stephen	Craig	00:39:35	16	0	16
6	David	Butterly	00:40:16	15	0	15
7	John	Murray	00:40:39	14	0	14
8	Andy	Downey	00:41:10	13	1	14
9	Peter	Scott	00:41:19	12	1	13
10	Paul	O'Brien	00:42:06	11	0	11
11	Ade	Kearns	00:43:15	10	0	10
12	Iain	Paterson	00:43:20	9	1	10
13	David	Hamill	00:45:37	8	0	8
14	Norman	Baillie	00:46:29	7	0	7
15	Allan	Jenkins	00:47:59	6	0	6
16	Kristan	Alexander	00:49:07	5	0	5
17	David	Esler	00:49:15	4	0	4
18	David	Geddes	00:50:34	3	0	3
19	Paul	Coia	00:53:07	2	0	2

Event 6: Clydebank 10K

13 June 2019

Women's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Lesley	Chisholm	00:37:41	20	0	20
2	Gill	Blee	00:41:08	19	1	20
3	Mary	Senior	00:42:30	18	0	18
4	Martha	Lovatt	00:44:47	17	1	18
5	Alison	Wood	00:45:09	16	0	16
6	Anne	Sillars	00:45:33	15	0	15
7	Sinead	McLaughlin	00:45:50	14	0	14
8	Nighean	Stevenson	00:47:42	13	0	13
9	Kirsten	Mathew	00:48:54	12	1	13
10	Janice	McIntyre	00:52:11	11	0	11
11	Shauna	McMullan	00:53:10	10	0	10
12	Lindsay	Davidson	00:54:57	9	0	9

Men's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Paul	McMahon	00:35:36	20	0	20
2	Craig	Shields	00:36:00	19	0	19
3	Ian	Thomson	00:36:35	18	0	18
4	Iain	McFarlane	00:37:22	17	1	18
5	Mattia	Mancinelli	00:37:59	16	1	17
6	Gavin	Hinde	00:38:55	15	0	15
7	David	Butterly	00:39:26	14	1	15
8	Peter	Scott	00:41:41	13	0	13
9	George	Lambie	00:42:16	12	0	12
10	Jeremy	Couling	00:42:40	11	0	11
11	Paul	O'Brien	00:42:54	10	0	10
12	Ade	Kearns	00:43:08	9	0	9
13	Iain	Paterson	00:43:12	8	1	9
14	Craig	Brown	00:43:27	7	0	7
15	David	Benham	00:45:11	6	1	7
16	Norman	Baillie	00:45:16	5	0	5
17	David	Hamill	00:45:38	4	0	4

18	Brian	Gilmartin	00:45:41	3	1	4
19	Kristan	Alexander	00:45:43	2	0	2
20	Mikey	Allan	00:46:43	1	1	2
21	Paul	Coia	00:46:57	1	0	1
22	David	Geddes	00:51:07	1	0	1
23	Thomas	McKay	00:52:33	1	0	1
24	Stuart	Irvine	00:54:21	1	0	1

Event 7: Kirkintilloch 10K

13 June 2019

Women's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Katie	White	00:36:03	0	20	1
2	Suzanne	Rae	00:45:26	0	19	2
3	Casey	Thompson	00:47:50	0	18	3
4	Barbara	Watt	00:56:58	0	17	4
5	Liz	Short	01:03:50	0	16	5

Men's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Finlay	Finlay	00:35:27	0	20	1
2	Alasdair	MacMillan	00:36:32	0	19	2
3	David	Carr	00:40:40	0	18	3
4	Duncan	Robertson	00:41:37	0	17	4
5	Andy	Downey	00:41:42	0	16	5
6	Alan	McIntosh	00:44:18	0	15	6
7	Stephen	Wilson	00:47:18	0	14	7

Event 8: Charlie Kilshaw 5 miles

4 July 2019

Women's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Lorna	McDougall	00:40:15	20	0	20
2	Graziella	Welsh	00:48:43	19	0	19
3	Kara	Rafferty	00:37:38	18	0	18
4	Liz	Short	00:48:06	17	0	17
5	Caroline	Dow	00:44:46	16	0	16
6	Gill	Blee	00:32:54	15	1	16
7	Debbie	Martin-Consani	00:33:57	14	1	15
8	Anna	Walker	00:41:35	13	0	13
9	Mary	Senior	00:34:05	12	0	12
10	Aileen	Wilson	00:36:42	11	0	11
11	Fiona	Bogle	00:36:23	10	1	11
12	Casey	Thompson	00:38:58	9	0	9
13	Shauna	McMullan	00:43:01	8	0	8
14	Charlotte	Wilson	00:36:59	7	0	7
15	Katrina	Denholm	00:41:57	6	0	6
16	Theresa	Miln	00:43:01	5	0	5

Men's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Keith	Wall	00:32:32	20	0	20
2	Sam	Hijazi	00:35:34	19	1	20
3	David	Geddes	00:40:43	18	0	18
4	Gavin	Harvie	00:31:55	17	0	17
5	Mikey	Allan	00:36:08	16	1	17
6	Allan	Jenkins	00:37:15	15	0	15
7	Athole	Smith	00:32:59	14	0	14
8	Stephen	Wilson	00:37:38	13	0	13
9	David	Benham	00:35:50	12	1	13
10	Alan	McIntosh	00:34:41	11	0	11
11	Gary	McQueen	00:31:30	10	0	10
12	Peter	Scott	00:33:24	9	1	10
13	Graham	Andrew	00:30:47	8	0	8

14	Paul	O'Brien	00:33:36	7	0	7
15	Brian	Gilmartin	00:37:24	6	0	6
16	David	Carr	00:32:01	5	1	6
17	David	Hamill	00:37:28	4	1	5
18	Tariq	Abdullah	00:43:35	3	0	3
19	Garry	Mathew		2	0	2

Event 9: Ruchill Parkrun

13 July 2019

Women's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Katie	White	00:18:23	20	0	20
2	Debbie	Martin-Consani	00:21:35	19	0	19
3	Emma	Blair	00:21:53	18	0	18
4	Alison	Wood	00:22:20	17	0	17
5	Fiona	Bogle	00:22:54	16	0	16
6	Anne	Sillars	00:23:28	15	0	15
7	Barbara	Watt	00:27:08	14	0	14

Men's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Thomas	Wilson	00:17:11	20	0	20
2	Finlay	Finlay	00:18:10	19	0	19
3	Ian	Thomson	00:18:39	18	0	18
4	David	Butterly	00:19:26	17	0	17
5	David	Carr	00:20:02	16	0	16
6	Keith	Wall	00:20:04	15	0	15
7	Paul	O'Brien	00:20:23	14	0	14
8	Duncan	Boyd	00:20:39	13	0	13
9	Craig	Brown	00:20:43	12	0	12
10	Andy	Downey	00:20:51	11	0	11
11	Jeremy	Couling	00:21:02	10	0	10
12	Peter	Scott	00:21:09	9	1	10
13	Stephen	Craig	00:21:17	8	0	8
14	Gavin	Harvie	00:21:20	7	0	7
15	David	Benham	00:22:43	6	0	6
16	Stephen	Wilson	00:23:15	5	0	5
17	Jim	Boyle	00:27:46	4	0	4
18	Tariq	Abdullah	00:27:57	3	0	3

Event 10: Henderson Cup

22 August 2019

Women's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Suzanne	Rae	00:47:39	20	0	20
2	Anne	Sillars	00:49:29	19	0	19
3	Mary	Cox	00:53:46	18	0	18
4	Melanie	Carmichael	00:54:03	17	0	17
5	Claire	Tippett	00:49:08	16	0	16
6	Barbara	Watt	01:01:26	15	0	15
7	Elsie	MacDonald	00:50:04	14	0	14
8	Mary	Senior	00:48:10	13	0	13
9	Emily	Thomasso	00:50:16	12	0	12
10	Alison	Wood	00:50:20	11	0	11
11	Moira	Young	00:51:50	10	0	10
12	Debbie	Martin-Consani	00:47:52	9	0	9
13	Gill	Blee	00:47:32	8	0	8
14	Kirsten	Mathew	00:55:55	7	0	7
15	Emma	Waine	00:55:20	6	0	6
16	Liz	Short	01:07:35	5	0	5
17	Nighean	Stevenson	00:58:49	4	0	4

Men's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Jeremy	Couling	00:46:47	20	0	20
2	Andy	Downey	00:46:21	19	0	19
3	Alan	McIntosh	00:47:27	18	0	18
4	John	Coyle	00:40:03	17	0	17
5	Stephen	Craig	00:44:06	16	0	16
6	Robbie	Drummond	00:44:40	15	0	15
7	Duncan	Boyd	00:46:05	14	0	14
8	Kristan	Alexander	00:51:28	13	0	13
9	David	Carr	00:46:10	12	0	12
10	Timothy	Brown	00:55:25	11	0	11
11	David	Hamill	00:55:05	10	0	10
12	Tariq	Abdullah	01:03:20	9	0	9

Event 11: Round Cumbrae 8 September 2019

Women's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Katie	White	01:01:14	20	0	20
2	Emily	Thomasso	01:11:47	19	0	19
3	Martha	Lovatt	01:15:08	18	1	19
4	Aileen	Wilson	01:16:47	17	0	17
5	Alison	Wood	01:18:56	16	0	16
6	Alison	Locke	01:19:17	15	0	15
7	Sinead	McLaughlin	01:20:50	14	0	14
8	Mary	Cox	01:21:52	13	0	13
9	Theresa	Miln	01:23:34	12	0	12
10	Anna	Walker	01:24:34	11	0	11
11	Shauna	McMullan	01:27:11	10	1	11
12	Kara	Rafferty	01:28:51	9	0	9

Men's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Finlay	Finlay	00:56:53	20	0	20
2	Mattia	Mancinelli	01:05:59	19	1	20
3	David	Carr	01:11:10	18	0	18
4	Andy	Downey	01:11:36	17	1	18
5	Craig	Brown	01:12:34	16	0	16
6	Iain	Aird	01:15:15	15	0	15
7	David	Hamill	01:16:04	14	0	14
8	Allan	Jenkins	01:18:27	13	0	13
9	Kevin	Gilfillan	01:23:51	12	0	12
10	John	McLaughlin	01:25:29	11	0	11
11	Paul	Coia	01:25:41	10	0	10
12	David	Geddes	01:35:06	9	0	9

Event 12: Great Scottish Run
30 September 2019

Women's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Katie	White	01:16:25	20	0	20
2	Gill	Blee	01:34:41	19	1	20
3	Emily	Thomasso	01:34:48	18	1	19
4	Laura	Gray	01:36:00	17	0	17
5	Claire	Tippett	01:40:51	16	1	17
6	Polly	Kenyon	01:44:44	15	0	15
7	Moirra	Young	01:47:31	14	0	14
8	Martha	Lovatt	01:47:48	13	0	13
9	Sinead	McLaughlin	01:47:58	12	0	12
10	Anne	Sillars	01:50:40	11	0	11
11	Amanda	Connelly	01:53:17	10	1	11
12	Melanie	Carmichael	01:56:33	9	0	9
13	Mary	Ross-Davie	01:57:27	8	0	8
14	Emma	Waine	01:57:39	7	0	7
15	Helen	Moar	02:00:47	6	0	6
16	Janice	McIntyre	02:01:39	5	0	5
17	Alison	Rutherford	02:03:31	4	0	4
18	Chloe	Dobbie	02:03:52	3	0	3
19	Graziella	Welsh	02:18:07	2	0	2
20	Liz	Short	02:29:11	1	0	1

Men's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Mattia	Mancinelli	01:26:22	20	1	21
2	Gavin	Harvie	01:26:24	19	0	19
3	John	Whitecross	01:27:25	18	0	18
4	Duncan	Boyd	01:28:15	17	1	18
5	Keith	Wall	01:28:46	16	0	16
6	David	Butterly	01:28:59	15	0	15
7	Athole	Smith	01:30:00	14	0	14
8	Paul	O'Brien	01:31:52	13	0	13
9	George	Lambie	01:32:17	12	0	12
10	Alexander	Carruthers	01:32:35	11	0	11
11	Jeremy	Couling	01:33:48	10	0	10
12	David	Campbell	01:34:59	9	0	9
13	Andy	Downey	01:35:14	8	1	9
14	Stephen	Craig	01:36:47	7	0	7
15	Iain	McFarlane	01:36:48	6	0	6
16	Kris	Carroll	01:38:26	5	0	5
17	Alan	McIntosh	01:38:57	4	0	4
18	Brian	Gilmartin	01:39:18	3	1	4
19	Duncan	Robertson	01:40:51	2	0	2
20	Kristan	Alexander	01:41:07	1	0	1
21	Gavin	Hinde	01:43:33	1	0	1
22	Craig	Brown	01:46:25	1	0	1
23	Jim	Boyle	01:48:47	1	0	1
24	David	Hamill	01:48:58	1	0	1

Event 13: Any marathon

Women's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Katie	White	02:40:31	20	1	21
2	Debbie	Martin-Consani	03:16:14	19	1	20
3	Chloe	McAdam	03:29:41	18	1	19
4	Linda	Lapp	03:37:01	17	1	18
5	Martha	Lovatt	03:37:13	16	1	17
6	Gill	Blee	03:41:04	15	0	15
7	Kara	Rafferty	03:42:20	14	0	14
8	Maureen	Macleod	03:52:35	13	0	13
9	Moira	Young	04:08:00	12	0	12
10	Melanie	Carmichael	04:13:01	11	0	11
11	Shauna	McMullan	04:20:55	10	1	11
12	Lynette	Harkins	04:40:35	9	0	9

Men's results

Position	First name	Surname	Race Time	League Pts	PB?	Total
1	Kevin	Liddle	02:31:35	20	0	20
2	Ian	Thomson	02:40:27	19	1	20
3	Garry	Mathew	02:41:26	18	0	18
4	Donald	McPartlin	02:42:16	17	0	17
5	Marco	Consani	02:47:13	16	0	16
6	Finlay	Finlay	02:51:20	15	0	15
7	Gary	McQueen	02:53:18	14	1	15
8	David	Lindsay	02:54:26	13	0	13
9	Gavin	Hinde	02:54:55	12	0	12
10	Douglas	Findlay	02:54:56	11	1	12
11	Craig	Shields	02:56:18	10	1	11
12	Alan	Blair	02:57:34	9	0	9
13	Simon	Sheridan	03:00:18	8	0	8
14	Mattia	Mancinelli	03:02:37	7	1	8
15	Gavin	Harvie	03:04:48	6	0	6
16	Iain	McFarlane	03:09:25	5	1	6
17	John	Whitecross	03:12:07	4	0	4
18	Ross	McMillan	03:12:19	3	1	4
19	John	Coyle	03:14:41	2	0	2
20	Athole	Smith	03:16:34	1	0	1
21	David	Butterly	03:21:06	1	0	1
22	David	McKay	03:23:13	1	1	2
23	John	Murray	03:29:27	1	0	1
24	Alan	McIntosh	03:34:26	1	0	1
25	Allan	Jenkins	03:38:09	1	0	1
26	Nicholas	Parker	03:41:39	1	0	1
27	John	Lai	03:51:11	1	0	1
28	Jim	Boyle	03:59:49	1	0	1
29	Mikey	Allan	04:19:36	1	0	1

30	George	Innes	04:20:50	1	0	1
31	Kevin	Gilfillan	04:23:56	1	0	1
32	Duncan	Robertson	04:32:10	1	0	1
33	Stephen	Craig	04:55:00	1	0	1

Summer League Rules

Rule 1: Male and Female Leagues and Eligibility. The competition will have male and female leagues and will be open to all members of the club who are eligible to compete in UKA age category U20 and upwards.

Rule 2: Number of Races. There will be 13 races in total, including any marathon worldwide.

Rule 3: Points

(a) League points – points will be allocated on the basis of 20 points for first place down to 1 point for twentieth place (and all lower places) for each competitor's best 6 performances in qualifying races.

(b) Participation Points – in addition, runners will be awarded 1 point for competing in each qualifying race irrespective of their position in the race. For example, a competitor running nine races will be awarded nine participation points plus the league points for their best six performances.

(c) Personal Bests – 1 point will be awarded for a personal best for all league events except the Henderson Cup (which is off-road). This is in addition to points awarded as detailed above, subject to runners notifying kt_m_white@hotmail.com.

Rule 4: Race Results and Chip Timing. Only official race results will count. Where chip timing is used in a race, league points will be based on chip times rather than gun times.

Rule 5: League Tables. League tables will show the points awarded for the best six performances calculated in accordance with Rule 3(a) and all points awarded in accordance with Rules 3(b) and 3(c). Points earned in all races are provisional until the conclusion of the competition.

Rule 6: Marathon Races. Only a competitor's best performance achieved during the period 1st October 2018 – 30th September 2019 in a marathon race will count for League Points.

Rule 7: Age adjusted and handicapped races. TBC

Rule 8: Club Vests. Club vests must be worn.

Rule 9: Competing for another Club. No points will be awarded to a member in respect of a race where that member has competed for another club.

Rule 10: Running with Another Competitor's Race Number. No points will be awarded to a member in any race in which the member has raced with another competitor's race number.

Rule 11: Prizes. Prizes will be awarded for 1st (£50), 2nd (£30) and 3rd (£20) places in both Male and Female Leagues.

Rule 12: Eligibility for Prizes. No prize will be awarded to a member whose subscriptions are not paid up to date on 1st July 2019.

Results and Corrections. Interim scores will be published as soon as possible after each event and are subject to change until the final day of the competition. Corrections should be emailed to kt_m_white@hotmail.com.

Fixtures

Event	Date	Race	Information
1	Sunday 31 March	Tom Scott 10 miles	https://www.tomscottroadraces.com/ Pre-entry only
2	Tuesday 23 April	DAA/club 5000m track championship, St Peter the Apostle Track, Clydebank	Entry on the night
3	Friday 2 May	Scottish 5k road championship, Silverknowes	https://uk.srichinmoyraces.org/scottish5k
4	Thursday 9 May	Helensburgh 10k	https://www.entrycentral.com/Helensburgh-10K
5	Sunday 26 May	Shettleston 10k	https://www.entrycentral.com/Shettleston-10K
6	Thursday 13 June	Clydebank 10k	https://www.entrycentral.com/Clydebank-10K
7	Thursday 13 June	Kirkintilloch 10k	https://kirkintillocholympians.co.uk/kirkintilloch-10k-new
8	Thursday 4 July	Charlie Kilshaw 5 miles, Milngavie reservoirs	Club event, entry on the night
9	Saturday 13 July	Ruchill parkrun	http://www.parkrun.org.uk/ruchill/
10	Thursday 22 August	Henderson Cup off road 10k, Garscube	Club event, entry on the night
11	Sunday 8 September	Around Cumbrae 10 miles	https://www.entrycentral.com/event/101088
12	Sunday 29 September	Glasgow half marathon	http://greatscottishrun.com/events/half-marathon/
13	1 October 2018 – 30 September 2019	Any marathon, worldwide	Positions based on finish times. Club marathon championship