

# **Garscube Harriers Club SCIO**

**Scottish Charity number – SC049335**

**Annual Report and Financial Statements**

**For the 6 months ended 31 December 2019**

**Prepared on 14 April 2020**

**by Athole Smith, Jill O'Neil, Duncan McKellar**

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## **Trustees' Annual Report for the 6 months to 31 December 2019**

Garscube Harriers is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR). The application to become a SCIO was granted on 28 May 2019.

The trustees have pleasure in presenting their report together with the financial statements for the 6 months ended 31 December 2019.

### **Charity Name**

Garscube Harriers

### **Charitable Purpose**

The advancement of public participation in sport

### **Charitable Objective**

To promote and advance public participation in athletics as a sport

### **Charity Number**

SC049335

### **Address**

86 Ravenscliffe Drive, Glasgow, G46 7QS

### **Trustees**

<b>FULL NAME</b>	<b>OFFICE HELD</b>	<b>DATE APPOINTED</b>
Jill Catherine O'Neil	President	1 <sup>st</sup> July 2019
Duncan James McKellar	Vice President	1 <sup>st</sup> July 2019
James Stuart Irvine	General Secretary	1 <sup>st</sup> July 2019
Athole John Smith	Treasurer	1 <sup>st</sup> July 2019
Garry Agnew Mathew	Membership Secretary	1 <sup>st</sup> July 2019

Mark Steven George Cathro	General Committee Member	1 <sup>st</sup> July 2019
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## **Structure, Governance and Management**

### **Constitution**

Garscube Harriers is incorporated as a SCIO. It was registered in its current legal form on 28 May 2019. The club was previously an unincorporated association but changed its legal form to a SCIO. Club assets were transferred from the unincorporated association into the SCIO in the second half of 2019. The charity has income below £250,000 pa and, as such, is eligible to prepare its accounts on a receipts and payments basis. The governing body does not require the charity to prepare fully accrued accounts and neither does it require an audit.

### **Appointment of Trustees**

Trustees are elected at the Annual General Meeting which is held each April. There must be a minimum of 5 and a maximum of 10 Trustees. Any club member is eligible to become a Trustee. The Trustees appoint the Management Committee who deal with the day to day running of the club. The Trustees seek the views of the membership when appointing the Management Committee, however, any decision regarding the make-up of the Management Committee rests with the Trustees.

### **Objectives and Activities**

The club's charitable purpose is the advancement of public participation in sport and its charitable objective is to promote and advance public participation in athletics as a sport.

### **Activities**

Garscube Harriers is a Scottish Athletics accredited club, founded in 1898 which operates in the north west of Glasgow based in Garscube estate. It offers coached running sessions to its junior and senior members. Sessions take place on Tuesdays and Thursdays.

It aims to inspire new and existing members to engage in a healthy approach to competition, providing an aspirational environment to personal achievements and team success.

### **Values**

The club has a proud history and it seeks to celebrate the past and to recognise the achievements of current and former members. The club has identified what it means to be

part of the club and what the club represents to its members, to the sport of athletics and to the community. The club wants to promote, develop and reinforce its values through its actions and initiatives. Members are asked to live the values, to respect the ethos of the club and to help the club to grow and thrive. The club values are:

HARD WORK (Champions go the extra mile)

TEAMWORK (An athlete who makes the club great is more valuable than a great athlete)

RESPECT (Respect yourself, respect each other, respect the sport)

SUPPORT (People make Garscube)

INCLUSION (Garscube for all)

## **2019 Achievements and Performance**

The club has achieved its aim of promoting and advancing public participation in athletics as a sport and has successfully engaged new and existing members in all facets of the club including training, volunteering, coaching, social activities and supporting others.

### **Key Achievements**

The club has had another successful year particular achievements for the past season include:

- We successfully enhanced our approach to club races through the development of race committees. This new approach ensures sustainability of events; allowing for a team approach whereby volunteers are well supported by others. This approach has resulted in the successful delivery of our school's cross country series and will be introduced for Henderson Cup and Charlie Kilshaw 5 mile races.
- 2 schools cross country races scheduled (one was cancelled due to storms). November event went ahead with 150 competitors, 126 from primary schools and 24 from secondary schools from 20 different primary schools and 13 secondary schools.
- Working with a local supplier to provide club branded kit on an online basis
- Introduced weekend cross-country training sessions for all members in the lead up to the Scottish National Cross Country Championships.
- Delivered a 12 week strength and conditioning programme in addition to weekly training programme.
- Club organised trip for 24 young athletes to compete at The British Cross Challenge in Liverpool.
- Continued with the successful beginners' group post-Christmas to encourage those new to running and those looking to get back to running an opportunity to get fit with others in a friendly setting with qualified coaches to support. These were a

success with 21 participants and 65% of these participants managing to complete 10 weeks. Plans to integrate into main club will continue once training returns.

- Like all other organisations we are also trying to minimise the impact of COVID-19 on our club and membership. The club acted quickly to suspend training as soon as government advice was available and has been taking steps to ensure that we reiterate government messages on staying safe and minimising the impact of the virus. We have launched a social media campaign to keep members up to date with the latest advice, set out weekly running challenges, host an online quiz on a weekly basis and provide suggestions and challenges for our members to keep fit from home.

## **Key Sporting Achievements**

### **Juniors**

- Scottish Hill Championships - J Trainer gold, T Berry silver
- J Trainer selected to run for Scotland in Italy
- F Currie won Scottish Schools 1500m and sets a championships age record
- M Padmanabhan gained GB selection for the Malmo sprint distance triathlon in Sweden
- J Connolly and T Berry selected for Scotland to take part in the home international hill race in Wales
- Scottish Trail Championships: Team gold for U17 girls plus individual silver for M Padmanabhan and bronze for C Miller in U17 boys
- Scottish Short Course Championships – U17 team bronze for boys
- Western Districts Cross Country Championships – team medals from U13 – U20 including an individual gold medal for T Berry at U20.
- 7 young athletes selected for West of Scotland and 2 for Scotland at the Home International Cross Country Championships in Stirling
- Scottish Cross Country Championships: silver team medal for U13 boys
- Scottish Indoor Championships: J Alexander takes gold in U13 boys 1500m
- Scottish Schools Cross Country Championships: 5 athletes selected to compete in British Schools Cross Country
- Scottish Road Race Championships: U17 girls win silver team medal
- A McLean selected to run for Scotland to compete in the mini London marathon

### **Senior Women**

- K White selected to represent West of Scotland at Stirling International Cross Country and England at Granollers half marathon in Spain.
- First vets team at West District Cross Country relays
- A White wins V65 category at British and Irish Cross Country Championships
- L Bell wins V45 indoor 1500m at Scottish National Masters Indoor Championships

- D Consani finishes Montane Spine Race as second female (a 268 mile race)
- 10<sup>th</sup> place female team at Scottish National Cross Country Championships

### **Senior Men**

- G MacDonald was part of team GB which finished 5th out of 45 nations in the 24 Hour World Running Championships in Albi, France. Been selected again to represent Team GB in the European 24 Hour Championship in Verona, Italy later this year.
- J Coyle won Vets bronze in the 1500m at the Scottish National Open plus a silver in the 3,000m at the BMC/Glasgow AA Championships.

### **Coaching Summary/Achievements**

Following a very successful period our Director of Coaching (Lynne MacDougall) has stepped down from her role to focus on more local athletics coaching. Under her leadership we have:

- 11 Level 1 qualified coaches and 10 Level 2 coaches
- Coaching strategy in place for the club with corresponding action plan
- Internal CPD remains a focus for our coaches and “skill share sessions” whereby coaches share their knowledge with others has been a popular and effective way to learn
- Coaches meet informally and also formally on a quarterly basis through ADCG (athlete development and coaching groups)
- In our junior athlete pathway our coaches work with complete beginners through to international level
- All coaches sign up annually to our code of conduct

### **Membership Summary**

Currently our membership numbers (April 2020) are:

222 seniors (96 female and 136 male)

128 juniors (55 girls and 73 boys)

### **Social**

The club’s social scene goes from strength to strength with a number of key social gatherings taking place including traditional occasions that are in the club diary year on year

and also more informal opportunities to bring people together. Formally organised club social events that have taken place over the last year include:

- West Highland Way weekend
- Club training weekend in Aberfeldy
- Santa Race
- Christmas Ceilidh

### **Future Plans**

The full impact of COVID-19 is yet unknown however the club has taken the decision to defer any requests for membership fees until training is back and members are able to attend the club in person. Further discussions will be held regarding any members experiencing financial difficulties and how the club can best support them.

The resignation of our Director of Coaching has been the catalyst for a review of our existing coaching structure which is currently underway. A new structure providing an effective blend of operational and strategic roles is being developed and will be rolled out in 2020-21.

Following suggestions from Scottish Athletics, discussions have been held with Glasgow University regarding further use and potentially development of facilities at Garscube Estate for the benefit of our membership and the local community.

An online shop for the purchase of club branded kit is on the verge of being “live” to the membership and will provide members with access to a club clothing line range including vests which are essential for those wishing to represent the club in identified target races.

The club will investigate gift aid on membership subscriptions with a view to implementing for 2020-21.

An increased presence at training and races from faster male members within the club will be a priority for the coming year.

## Financial Review

### Summary of state of affairs

As at 31 December 2019, the club's finances were healthy. Our assets are worth approx. £257k and we have no material debts. Broadly, our income from subscriptions and our investments match our outgoings.

### Statement of receipts and payments for the 6 months ended 31 Dec 2019

Summary Income statement to 31 Dec 2019	H2 2019	H1 2019
-	-	-
<b>Revenue</b>	10,786	15,538
<b>less Expenditure</b>	11,833	6,720
<b>Increase in stock value</b>	-316	-18
<b>Investment gains incl £2.5k from club inv</b>	1,739	13,189
<b>Surplus / deficit</b>	<u>377</u>	<u>21,989</u>
-	-	-

Details of revenue & expenditure	In	Out	Net
<b>Subscriptions &amp; donations</b>	3,076	0	3,076
<b>Interest + inv funds drawn</b>	3,148	0	3,148
<b>Holding Races</b>	545	833	-288
<b>GU Fees (none due in H2 2019)</b>	0	0	<u>0</u>
<b>SAL affiliation</b>	0	2,415	-2,415
<b>Social events</b>	1,020	1,687	<u>-667</u>
<b>Race fees</b>	0	1,980	-1,980
<b>General overheads</b>			-
Insurance, upkeep & engravings	0	35	-
GU room bookings	0	867	-
Stamps etc	0	498	
Training weekend	1,150	200	
Coaching expenses	0	890	
	1,150	2,489	-1,339
<b>Equipment</b>	0	112	<u>-112</u>
<b>Prizes</b>			
Annual prizegiving & leagues	0	292	<u>-292</u>



<b>Junior activities</b>	1,848	2,045	-198
Club kit sales	20		20
Increase in Stock value	-316		-316

#### Statement of balances as at 31 December 2019

Balance sheet at 31 Dec 2019	H2 2019	H1 2019
<b>Assets</b>		
<b>Cash and bank</b>		
<b>Investment</b>	217,729	215,990
<b>NSI</b>	16,044	15,396
<b>Cash</b>	46	73
<b>RBS</b>	22,960	24,628
<b>Value of stock</b>	665	981
<b>Total assets</b>	257,444	257,068
<b>less Liabilities</b>	0	0
<b>equals Net assets</b>	257,444	257,068
<b>Represented by Club funds</b>		
<b>Balance from 1 July 2019</b>	257,066	235,078
<b>Surplus for the half year</b>	377	21,988
<b>Balance at end of year - 31 Dec 2019</b>	257,443	257,066

#### 2020/21 Subscription proposal

The intention had been to retain subscription levels at the same levels as 2019/20. However, at time of writing, training activities have been suspended due to covid-19. We are, therefore, unclear when the club will be in a position to re-commence training activities. The Trustees, on the advice of the general committee, have decided to defer 2020/21 subscriptions until we have better clarity. At this time, the Trustees will set out proposals for 2020/21 subscription levels.

#### Notes to the accounts

- This is the first set of accounts for the club as a SCIO. The accounts are for a 6 month period which means they do not accurately reflect a years' worth of club activities. E.g.

subscriptions and GU fees mainly fall in H1 each year and so are not reflected in H2 accounts.

- The charity has income below £250,000 pa and, as such, is eligible to prepare its accounts on a receipts and payments basis.
- The governing body does not require the charity to prepare fully accrued accounts and neither does it require an audit.

**Independent examiner's statement:**

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements to keep accounting records in accordance with section 44(1) (a) of the Charities and Trustee Investment (Scotland) Act 2005 and Regulation 4 of the Charities Accounts (Scotland) Regulations 2006 have not been met, or
2. to which, in my opinion, attention should be drawn in order to enable proper understanding of the accounts to be reached.

Name: Iain Peers

Date: 8/6/2020

Relevant professional body: Institute of Chartered Accountants of Scotland

Address: 16 Beech Av, Bearsden, Glasgow

**Timescales for submission to OSCR**

The report and accounts must be submitted to OSCR within 9 months of the club year end. i.e. by 30 September 2020.